

**Protocol of  
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**Pre-op**

- Vitamin C 1000mg po daily starting as soon as the patients schedules the surgery (and advise to continue for 3-6 months post-op)
- Lyrica (pregabalin, Pfizer) 75 mg po daily starting 3 days prior to surgery and continuing daily until the BCL is removed
- 20 mg prednisone po x one 10 minutes prior to surgery

**Intra-op**

- Epilasik with cold BSS drip pre-op (a la Dr. Larson)
- Acuvue Oasis BCL: +0.50 sphere/BC 8.4/14.0 diameter
- Tobradex drops QID

**Post-op**

- Tobradex drops QID  
(I have stopped using Acular post-op)
- Systane artificial tears prn